

WELLNESS & REABLEMENT ROADMAP



A Self-Assessment guide for CHSP providers

The Roadmap is a guide to support embedding positive practices of wellness and reablement with older people. The Roadmap can act as a framework for good conversations at all levels.

5 STEP SELF-ASSESSMENT

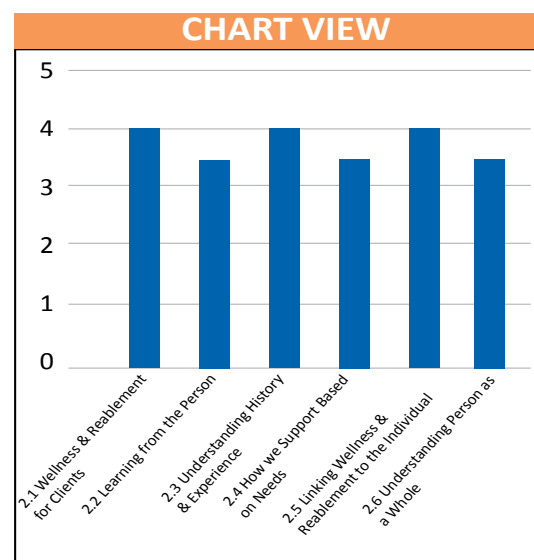
- Step 1: Read / review a section
- Step 2: Consider your performance
- Step 3: Confirm with evidence
- Step 4: Select a rating between 1 and 5
- Step 5: Determine future actions

SECTIONS

1. Leadership and culture
2. Outcomes and service delivery for older people
3. Inclusivity
4. People and Systems
5. Measurement and reporting

SECTION VIEW			
Section 2: Outcomes and service delivery for older people			Progress 75%
2.2 Learning from the Person			
Level	Statement	Evidence	Rating
3	We make time to listen to older people, understand what's going on for them and capture feedback to improve our services and respond to changing needs.		
4	People we deliver services to are active participants in the ongoing design of the care and support they receive. Staff regularly talk with people they support to deepen their understanding of what matters to each individual and how to support and help them find motivation to achieve their goal and aspirations.	Six-monthly reviews Regular carer conversations Care plans and reviews Involve families in decisions Staff meetings	
5	People we support are influential participants in co-designing and directing all aspects of care and support. We build their ability and confidence in decision making as part of how we work. We engage the individual and other important people in their life to strengthen their ability to achieve their needs, goals and aspirations and adapt our approach based on feedback.		
			4
Actions (including responsibilities)		Responsibilities	Timeframe
Include resourcing considerations in business plan for activities that support stronger interaction with older person and families		Team leader	Over next 3 months

RESULTS VIEW			
1 Leadership and Culture		Rating	Progress
1.1 Vision and Purpose		2.5	
1.2 Focus		4	
1.3 Action Orientation		3	
1.4 Culture		3.5	
1.5 Empowerment		4	
1.6 Language		4	
Section 1			100%
2 Outcomes & Service Delivery		Rating	
2.1 Wellness & Reablement Outcomes for Clients		4	
2.2 Learning from the Person		3.5	
2.3 Understanding History & Experience		4	
2.4 How we Support Based on Needs		3.5	
2.5 Linking Wellness & Reablement to the Individual		4	
2.6 Understanding Person as a Whole		3	
Section 2			100%



Use either link to download and edit the Excel spreadsheet:

<https://acsa.asn.au/Publications-Submissions/Wellness-and-Reablement-Roadmap>

<http://www.catalystfoundation.com.au/acsa-wellness-reablement-roadmap>

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